

2018 St. Patrick of Heatherdowns

PayForIt.net is a web-based payment system where you can add money to your child's lunch account plus monitor purchases.

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of cereal/Toast	French toast sticks/Syrup	Fruit smoothie	Scrambled eggs/Sausage	Cinnamon roll
Fresh orange	Fresh banana	Fresh apple slices	Peaches	Pears
1	2	3 <i>Welcome Back</i>	4 <i>Nat. Spaghetti day</i>	5
NO SCHOOL HAPPY NEW YEAR	NO SCHOOL	Chicken nuggets Mashed potatoes Collard green Dinner roll	Spaghetti with meat sauce Green beans	Ham & Cheese sandwich French fries Baked beans
8	9	10	11	12
Tuna and noodles Broccoli/Spinach Dinner roll	Tacos Refried beans	Popcorn chicken Steamed carrots Waffle fries	Pizza Hut Pizza Dragon punch (Veg. juice) Fresh veggies / Ranch dip	Hot dog on a bun French fries
15	16	17	18	19 <i>National Popcorn day</i>
NO SCHOOL MARTIN LUTHER KING JR.	Macaroni and cheese Broccoli / Peas	Chicken strips Seasoned rice Sweet potatoes Corn	Spaghetti with meat sauce Green beans Garlic Twists	Cheeseburger French fries/baked beans Popcorn
22	23 <i>National Pie day</i>	24	25	26
Meatballs (BBq/gravy) Mashed potatoes / Greens Dinner roll	Chips and cheese with beef Refried beans/Corn Apple pie square	Chicken nuggets Seasoned rice Carrots / Green beans	Pizza Hut Pizza Tossed salad Dragon punch (Veg. juice)	Sloppy joe on a bun French fries Cucumber slices
29	30	31	<u>Limited number of Alternate meals available daily</u>	
Grilled cheese Tomato soup	Walking taco corn	Popcorn chicken Mashed potatoes / Broccoli Cornbread	PBJ, cheese stick, graham crackers, vegetable, fruit and milk	
			Yogurt, cheese stick, graham crackers, vegetable, fruit and milk	
			Turkey sandwich, vegetable, fruit and milk	
	Yogurt	Graham cracker snack	Cucumber slices/Ranch	Cereal
	Granola	Milk	Milk	Milk

Lunch

PRICES

Breakfast = Free

Lunch = Paid \$3.25

Reduced \$.40

Breakfast and lunch are served with a choice of milk (flavored or white) and a choice of fruit.

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MENU SUBJECT TO CHANGE WITHOUT NOTICE

"The USDA is an equal opportunity provider and employer."

Afterschool snack